

**THE DENTIST'S ROLE IN THE DIAGNOSIS AND TREATMENT OF
SNORING AND SLEEP APNEA**

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| 1. | Oral appliance can be utilized in cases of severe sleep apnea if the patient is non-compliant with CPAP. | T | F |
| 2. | The MATRX is a test in the sleep lab to determine if the oral appliance will be effective in reducing sleep apnea. | T | F |
| 3. | The ideal bite registration for an oral appliance is to advance the mandible initially at 75% of the full protrusive movement. | T | F |
| 4. | If patients complain of snoring and excessive daytime sleepiness then they should be referred for a sleep study. | T | F |
| 5. | One of the first signs that a patient may have sleep apnea is high blood pressure. | T | F |
| 6. | Obstructive sleep apnea is one of the main causes of Type 1 Diabetes. | T | F |
| 7. | The ideal treatment for children with sleep apnea would be to expand the maxilla and remove the tonsils. | T | F |
| 8. | At the present time there is mandatory testing for sleep apnea for all commercial truck drivers. | T | F |
| 9. | Only 10% of the adult population has sleep apnea. | T | F |
| 10. | After menopause, women snore about as much as men. | T | F |

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